

P7 SST LESSON THIRTY-SIX THURSDAY MAY 28,2020

Unlike previous lessons, today we shall have sample writing and mental work. In sample writing you will define one term am going to give and then for mental work you will answer five knowledge questions (don't write the questions only write the answers)

Sample writing

A common market.....

Mental work (write only answers)

1. How many countries make up the EAC?
2. Who is the current chairperson of the EAC?
3. In which city are the headquarters of the EAC?
4. What title is given to the head of the secretariat of the EAC?
5. Name the law making organ of the EAC.

Other Bantu groups in Africa

The Eastern Bantu

They moved from Cameroon highlands and settled in Zambia. They then split into two groups. One group moved Northwards to Tanzania and Kenya.

Another group moved southwards and formed the southern Bantu.

Examples of tribes under the **Eastern Bantu** include:

The Akamba, Kikuyu, Nyamwezi and Taita.

Examples of **southern Bantu** include:

- Herero, Ovambo and Griqura in Namibia.
- Tswana in Botswana.
- The Shona in Zimbabwe
- The sotho in Lesotho
- The Swazi in Eswatini
- The Zulu, Xhosa, Ndebele and Vendl in South Africa.

The Central Bantu

- Bemba and Lozi of Zambia.
- Bakongo, Balunda and Baluba of Congo.
- Yao and Makwa of Mozambique.
- Nyanja and Chewa of Malawi.
- Mbundu and Ovimbundu of Angola.

ACTIVITY

1. Why are the southern Bantu called so?
2. Name the last Bantu tribe to enter East Africa.
3. How did the migration of the Bantu affect the bushmen?
4. Give three problems that were encountered by the Bantu during migration.
5. State three effects of Bantu migration in Africa.
6. Give two factors that attracted the Bantu to settle where they settled.
7. Which people founded Wanga kingdom?
8. Why are the Bantu called so?
9. Why were the Bantu able to form kingdoms?