

LESSON NOTES FOR LITERACY 1 P.1 TERM II 2018

THEME: WEATHER

Lesson one

Weather is the change in the atmosphere of a given place at a particular time.

Elements of weather (weather makers)

Sunshine

Rainfall

Cloud cover

Wind

Uses of elements of weather

Sunshine

The sun is the main natural source of heat, light and energy

Uses of the sun

- the sun gives light
- the sun helps our clothes to dry
- the sun gives us heat
- the sun gives us vitamin D
- the sun helps our seeds to dry
- the sun helps our seeds to grow

Dangers of too much sunshine

- Too much sun shine dries our plants
- Too much sunshine dries water sources
- Too much sunshine causes too much heat
- Too much sunshine kills animals
- Too much sunshine causes drought

Lesson two

Rainfall

Rain is the main natural source of water

Uses of rain

- rain give us water
- it makes the soil soft for digging
- it helps plants to grow well
- if fills wells, streams, lakes, swamps, and rivers

Uses of rain water

- we use water for cooking
- we use water for bathing
- we use water for watering plants
- we use water for washing clothes
- we use water for mopping
- we use water for drinking
- we use water for washing utensils.

Places where rain water collects

Ponds, rivers, lakes, soil, rivers, wells, sea, pools etc.

Dangers of rain

- too much rain causes floods
- too much rain kills animals
- too much rain spoils roads
- too much rain destroys plants
- too much rain kills people
- too much rain destroy houses

lesson three

Wind

Wind is the moving air.

Uses of wind

- wind dries our clothes
- wind helps kites to fly and aeroplanes
- wind helps boats to sail
- winds helps in winnowing seeds

Dangers of wind

- strong wind causes storm
- strong wind destroys our houses
- strong wind destroys crops
- strong wind carries away top soil
- wind spread diseases for example flu, measles.

Clouds

Uses of clouds

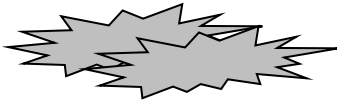


- we get rain from clouds
- clouds cool the earth when they cover the sun
- clouds create shade

Nimbus clouds give us rain

Lesson four

Types of weather

There are four types of weather

	
Sunny weather	Cloudy weather
	
Rainy weather	Windy weather

Lesson five

Managing different weather changes

Things we use on a rainy day

Umbrella

gumboots

hat

Rain coat banana leaves

Things we use on a sunny day

Umbrella

sandals

hat

Things we use on a cloudy day

Sweater

jacket

Lesson six

Activities done in different types of weather

Sunny weather

- harvesting crops
- watering crops
- preparing plants
- preparing the garden
- drying seeds

Windy weather

- winnowing

Rainy weather

- planting seeds
- weeding (moving unwanted plants from the garden)
- pruning (removing excess branches from the garden)
- thinning (removing excess plants from the garden
- water harvesting

lesson seven

Garden tools

These are tools things used in the garden.

Basket

hoe

rake

Watering can

trowel

Slasher

axe

panga

wheelbarrow

Uses of garden tools

- watering can for watering plants
- an axe for chopping
- a rake collecting rubbish
- a hoe digging
- a basket carrying food
- a slasher for slashing
- a panga for cutting small trees
- a wheelbarrow for carrying manure and rubbish.
- A trowel for transplanting.

Lesson eight

Seasons

These are periods when farmers carry out different activities

Types of seasons

Dry /sunny seasons

Wet/ rainy season

Dry season

Harvesting

Drying seeds

Watering

Preparing gardens

Wet season

Weeding

Pruning

Thinning

Topical test

THEME: ACCIDENTS AND SAFETY AT HOME

Lesson one

An accident is a sudden danger that hurts our bodies

Common accidents

Burns fire

Stings Falls

scalds

Cuts

Drowning

Poisoning bites

Electricity shock

Bites – dogs, snake , dog

pierces

LESSON TWO

Things that cause accidents at home

- razor blades pin thorn
- broken bottles hoe coin
- snakes safety pin spear
- cars iron sheets spear
- knife sharp stones
- electricity
- medicine

causes of accidents at home

- climbing trees
- playing with electric wires

- playing with fire
- playing with sharp objects
- playing with dangerous animals

LESSON THREE

common accidents on the way to school

- bites
- knocks
- stings
- cuts
- kidnappers
- falls
- drowning

Causes of accidents on the way to school

- over speeding cars
- playing on the road
- playing with dangerous objects
- playing in the bush
- over loading
- bad driving
- mad people
- playing with dangerous animals

LESSON FOUR

Safety on the road

- road signs : These are things which guide us on the road.

Examples of road signs

- zebra crossing
- traffic lights
- humps a head
- round about
- school a head/ children crossing
- bridge
- parking
- no parking
- danger a head

- no entry
- the teacher will draw the road signs

How to prevent accidents on the road

- avoid playing on the road
- don't stand near or behind a parked car.
- Use a zebra crossing on a busy road.
- Look at the traffic lights
- Wait for the traffic officer to help you

LESSON FIVE

People who walk along the road are called pedestrians.

How to cross a busy road

When crossing the road look right, look left, right again if the road is clear then you cross.

Accidents at school

- falling
- cuts and injuries
- burns
- electric shock
- fracture
- drowning
- falling in latrines/septic tank
- nose bleeding
- climbing trees and walls
- playing with sharp objects
- playing with electricity
- playing in un safe places

LESSON FIVE

Ways of preventing accidents at school

- don't run carelessly
- avoid bad plays
- don't push your friends

- avoid climbing trees and walls
- playing in safe places
- don't run with hot food
- don't touch or step on open electric wires
- don't play with sharp objects

Effects of accidents

- lameness
- blindness
- sickness
- death

LESSON SIX

Theme III: Living together at home, school and community

Family

Def; A family is a group of people related by blood, marriage or adoption.

Types of families

Nuclear family

Extended family

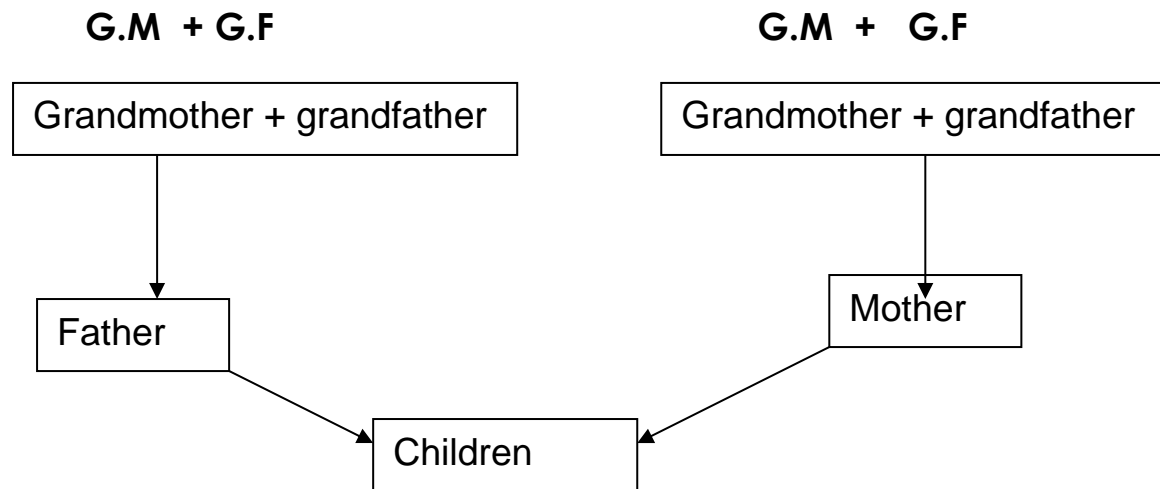
Examples of relatives

- uncle
- aunt
- grandmother
- grandfather
- cousins
- nephew
- niece

LESSON SEVEN

FAMILY RELATIONSHIP

Family tree



Ways of living together in a home

- by helping each other
- by playing together
- by sharing
- by eating together
- by working together

Ways of living together in a school

- by praying together
- by sharing
- by working together
- by helping one another
- by obeying rules
- by listening to the trees

LESSON EIGHT

Living together in the community

Ways of living together in a community

- by cleaning roads
- by cleaning wells
- by helping each other
- by obeying rules
- by sharing

Ceremonies we do together in the community

- Weddings
- Introduction ceremonies
- Confirmation
- Burial ceremonies
- Funeral rites
- Birthday
- Baptism
- Initiation
- Circumcision
- Twins- Kato, Wasswa, Babirye, Nakato

LESSON one

Theme IV: Food and nutrition

Food is something good to eat or drink

Examples of food

Rice	sugarcane
Millet	irish potatoes
sweet potatoes	cow peas
mangoes	beans
fish	oranges
pineapple	cabbage
pumpkin	

the teacher will enable the pupils see, touch and feel the different types of food.

Sources of food

lakes / rivers	super markets
garden	farms
market	swamps
plants	shops

Theis the main source of food.

LESSON TWO

Food got from animals

Milk eggs pork beef chicken mutton

Food got from plants

Beans	potatoes	pineapples	
Cassava	cow peas	rice	
Pumpkins	sugarcane	mangoes	oranges

Uses of food

- for strength
- for growth
- for health
- for energy

LESSON THREE

Ways of keeping of food safe

- By covering food
- By washing
- By salting
- By smoking
- By cooking
- By sun drying
- By refrigerating
- By tinning

Why do we keep food safe?

- To prevent rotting
- To avoid diseases
- To avoid germs
- To keep it for future use.

Lesson four

CLASSES OF FOOD

There are three main classes of food namely,
Carbohydrates, proteins, vitamins

CARBOHYDRATES (energy giving foods)

Are food we eat to get energy

Sources of carbohydrates

Posho

Cassava

Yam

Irish potatoes

Maize

PROTEINS

Are food we eat to grow.

Sources of proteins

Beans

Fish

Meat

Chicken

G.nuts

LESSON FIVE

VITAMINS

Are food we eat to be healthy.

Sources of vitamins.

Oranges

Pawpaws

Pineapples

Mangoes tomatoes

Cabbages .

EDSIBLE AND NON-EDIBLE FOOD

Edible food are food which are good to be eaten.

Sweet potatoes

Rice

Cassava etc

Non- edible food are food which are not good to be eaten

Toadstools

Puffballs

Poisonous plants