



Plot 48 Muwaire Rd (behind IHK Hospital)  
P.O.BOX 5337, KAMPALA - UGANDA  
Tel: 256783111908  
Email: [info@stagnes.co.ug](mailto:info@stagnes.co.ug)  
Website: [www.stagnes.co.ug](http://www.stagnes.co.ug)

## P.4 Science Lock down activity

Date: 6<sup>th</sup>/May/2020

### WEEK 4

**Topic:** Personal hygiene & Sanitation.

1. What is personal hygiene?

\_\_\_\_\_

2. List down three materials used to promote personal hygiene.

\_\_\_\_\_

\_\_\_\_\_

3. Mention any three activities done to promote personal hygiene.

\_\_\_\_\_

\_\_\_\_\_

4. Identify three diseases spread due to poor personal hygiene.

\_\_\_\_\_

\_\_\_\_\_

5. Why do we iron clothes?

\_\_\_\_\_

6. Suggest any one way a P.4 child can maintain personal hygiene during this lockdown period. \_\_\_\_\_

7. \_\_\_\_\_ is the general cleanliness of the environment.

8. Name one material used to maintain sanitation at home.

\_\_\_\_\_

9. Write any two diseases spread due to poor sanitation.

\_\_\_\_\_

10. Which body part is affected by trachoma?

\_\_\_\_\_