

GREENHILL ACADEMY
PRIMARY ONE NOTES FOR
NEWS TERM ONE 2013

THEME 1: OUR SCHOOL

Week 2

Lesson 1

Definition of a school.

A school is a place where we go to learn.

➤ How I come to school.

Whole class discussion about how children come to school. (Orally)

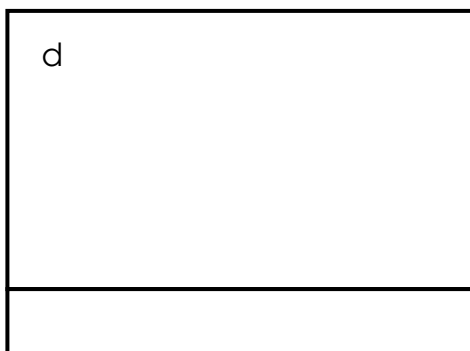
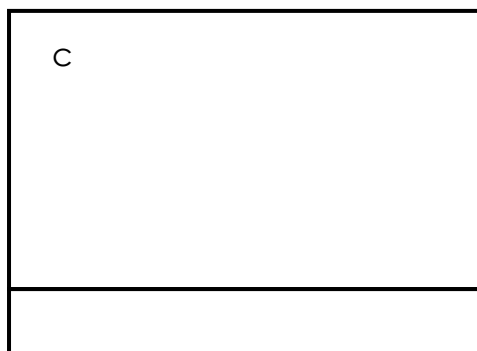
How do you come to school?

I come to school by

Or

I come to school on.....

Other people come to school



Activity:

Draw yourself coming to school.



Ref:

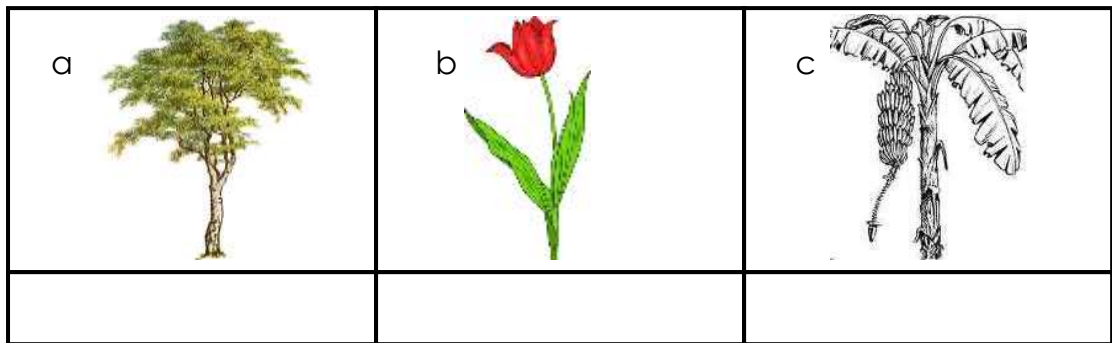
- a) Comprehensive bk. 1 page 4
- b) MK Standard SST bk. 2 page 94
- c) Monitor bk. 2 page 49

➤ Things on the way to and from school.

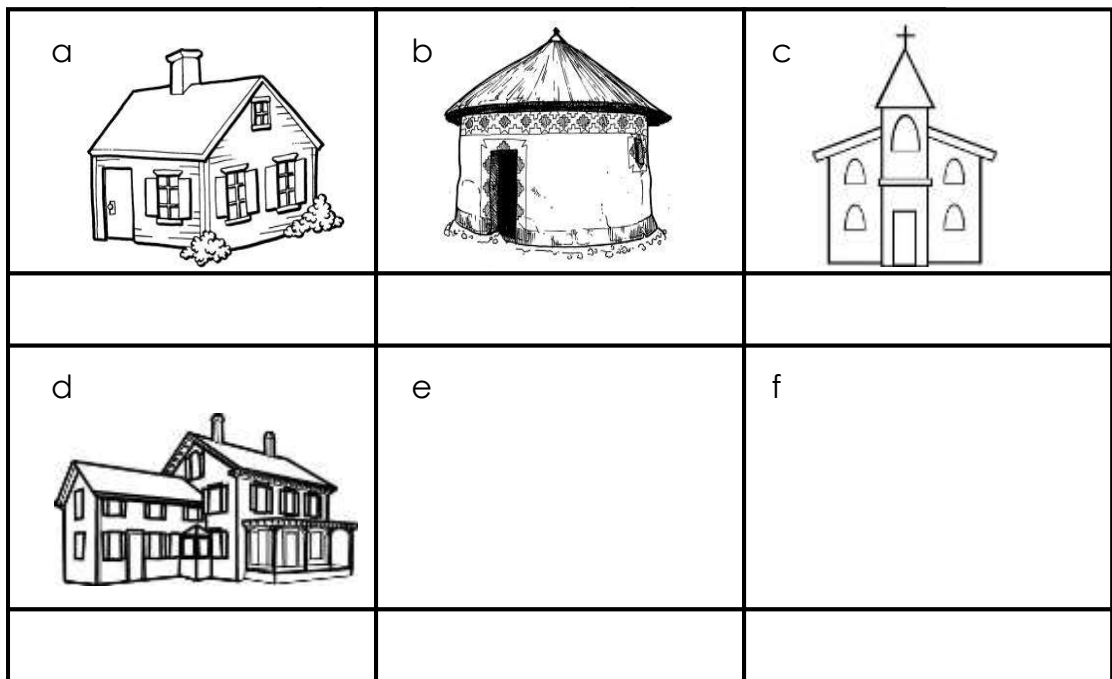
What things do you see on your way to school?

On my way to school I see

a. **Plants** e.g.

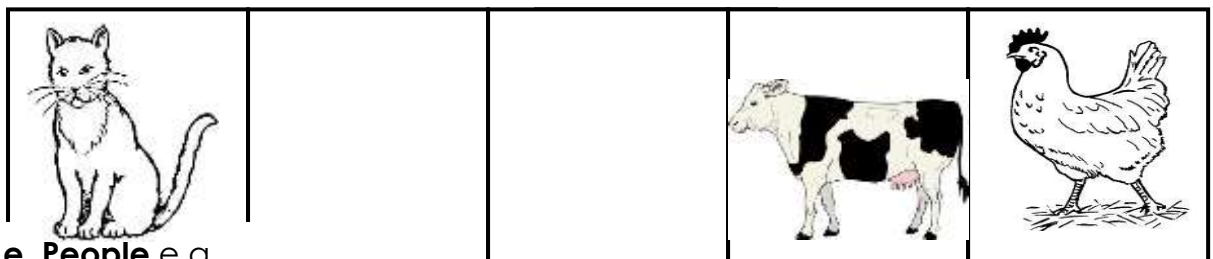


b. **Buildings** e.g.

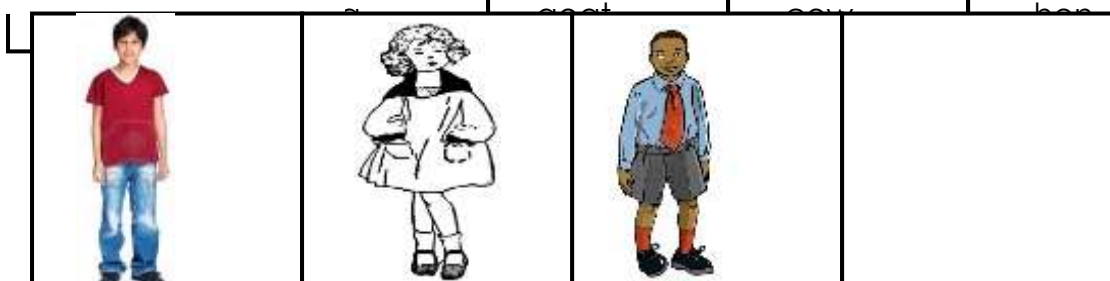


c. Other buildings are



d. **Animals** e.g.



e. **People** e.g.



f. Vehicles e.g.

		
car	lorry	bus

Activity:

Draw name and colour three things you see on your way to school.

Activity

1. What is a school?
2. How do you come to school?
- 3.

Ref:

- a) *Comprehensive SST bk. 1 page 5*
- b) *MK Standard SST bk. 1 page 3*
- c) *Monitor bk. 1 page 2*
- d) *Sharing our world SST bk. 1 page 3*

Lesson 2

➤ Dangers on the way to and from school

What dangers do you find on your way to school?

- ❖ Road accidents
- ❖ Dogs bite us
- ❖ Insects sting us
- ❖ We can drown
- ❖ There is theft
- ❖ Kidnappers

Activity:

a) Draw these dangers on the way to and from school.

Snake bite	Insect bite	Dog bite	Motor accident

b) Draw, name and any danger on your way to school.

Kidnapping

Ref:

- a) *Comprehensive SST bk. 1 page 5*
- b) *MK Standard SST bk. 2 page 98 - 99*
- c) *Monitor bk. 2 page 50*
- d) *Sharing our world SST bk. 1 page*

Solutions to the dangers we meet on the way to and from school.

- Avoid moving alone.
- Do not stone dogs and insects like bees.
- Avoid getting gifts from strangers.
- Do not allow lifts from strangers.

Lesson 3

➤ People in my class.

Name and stream of my class.

Names of the teachers in my class.

Pupils in my stream i.e. *boys and girls*.

(oral)

- What is the name of your class?

My class is Primary **one**.

- What is your stream?

My stream is (Yellow, Purple, Blue, Green, Red)

- What is the name of your class teacher?





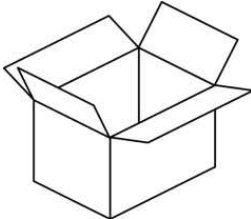

My class teacher is

The other teacher in my class is

Ref: Teachers' collection.

➤ Things we find in the classroom.

Name these things we find in the classroom.

<p>a</p> 	<p>b</p> 	<p>c</p> 
<p>d</p> 	<p>e</p> 	<p>f</p> 

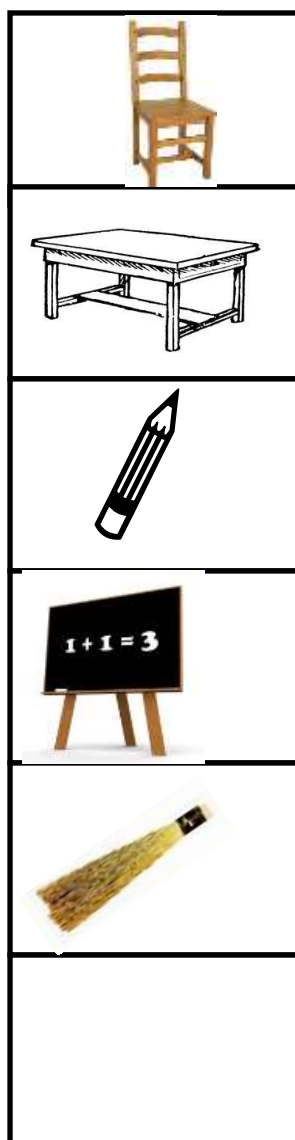
chalk, charts, ruler, duster, dust bin, tins, rags etc

Ref:

MK Standard SST bk. 2 page 36

Mk. English bk. 2 page 5

Uses of things we find in the classroom.



What do we use these things for in the classroom?

We sit on a chair.

I write from a table.

Tom uses a pencil to write.

My teacher uses chalk to write on the chalkboard.

A broom is used for sweeping the classroom.

We use a duster to clean the chalkboard.

(Practical work)

Ref: Monitor SST bk.2 page 14.

Lesson 4

➤ People in our school.

We find these people in our school.

pupils	guards
teachers	head teacher
nurses	Rector
cooks	secretary
cleaners	librarian

- Ref:** a) *Comprehensive SST bk. 1 page 11-13*
b) *MK Standard SST bk. 2 page 15 - 19*
c) *Monitor bk. 1 page 39 – 40, Bk. 2 pages 49 - 50*
d) *Sharing our world SST bk. 1 page 26 - 27*

Work of people in our school.

What is the work of a.....?

- Teachers teach children.
- Pupils learn
- Cooks cook / prepare and serve food.
- Nurses treat sick people (patients)
- Librarian lends out books
- Secretary types school work
- Guards / gatekeeper keeps the school safe
(guards the school)
- Cleaners keep the school clean
- Bursar collects school money
- Head teacher heads the school

- Ref:** a) *Comprehensive SST bk. 1 page 45-50*
b) *MK Standard SST bk. 2 page 15 - 19*
c) *Monitor bk. 1 page 9*

Work places of people in our school.

Where do these people work from at school?

Person	place of work	Activity:
head teacher	office	Match people with their places of work at school.)
teacher	classroom	
librarian	library	
bursar	office	Ref:
secretary	office	a) Comprehensive SST bk. 2 page 11 - 13
nurse	sick bay	b) MK Standard SST bk. 2 page 15 - 19
cooks	kitchen	c) Monitor bk. 1 page 40
		d) Sharing our world bk.1 page 27

Week 3

Lesson 1

➤ School profile

- Our school is **Greenhill Academy Kibuli**. It is found in **Mosque zone** along **Mbogo** road. It is found on **Kibuli hill** in **Makindye** division, **Kampala** district.

Greenhill is a mixed day and boarding with Nursery, Primary and Secondary schools.

It started in February 1994. Our school motto is **Extend your Horizons**.

The school uniform for girls is and
..... for boys.

The head teacher of our school is **Mr. Steven Mwesigwa**.

Ref: Teacher's collection

Lesson 2

Things in our school

- ❖ Buildings e.g classrooms, toilets, kitchen, offices, etc
- ❖ Play objects e.g balls, ropes, slides, etc

- ❖ School symbols e.g school sign posts, school, badge etc

- ❖ Furniture like tables, chairs, desks, etc

- ❖ **Questions**

- ❖ **Why do we need balls, kitchen, tables and chairs in a school?**

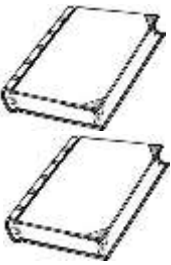
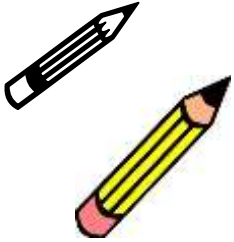






- ❖ **How is a sign post useful to a school?**

School needs.

What are school needs?

These are things we need to use at school.

Examples of school needs.

			
<i>books</i>	<i>pencils</i>	<i>brooms</i>	<i>food</i>
			
<i>water</i>	<i>balls</i>	<i>buildings</i>	<i>dustbin</i>

Other school needs are:

classrooms

chairs

table

duster

toilets

compound

nurses

coaches

teachers

electricity

charts

rulers

offices
guards
secretaries

firewood
playground
school bus

(Oral activity on different uses of school needs)

- Ref:** a) Comprehensive SST bk. 2 page 23
b) MK Standard SST bk. 2 page 35
c) Monitor SST bk. 2 page 13

Lesson 3

School symbols

What are school symbols?

School symbols make a school different from other schools.

These are:

School uniform

School address

School anthem

School mission

School budge

School prayer

School sign post

School flag

Activity:

a) Name and colour these school symbols.

		
School budge	School flag	School address
		
School sign post	School uniform	School anthem

Lesson 4

➤ Uses of school symbols.

- Uniforms make us look smart.
 - The school motto guides us.
 - School sign post helps people to find /locate our school easily.
 - The school prayer helps us to respect God.
- a) In which way is the school uniform useful to school children?
 - b) Which school symbol guides us?
 - c) The school symbol which helps people to find our school easily.
 - d) Which school symbol helps us to respect God.
 - e) When do we sing the anthems?
 - f) Name any three school symbols which are similar to national symbols.
 - g) Give the general importance of school symbols.

➤ Features on a school budge.



What features do we find on our school budge?

There is

a book
crested crane
school motto
school name

The colours on the budge are

yellow
blue
white
and black

(Practical lesson)

➤ **Features on a school flag.**

We find the following features on our school flag:

- a) Colours –
navy blue, yellow
white and light blue.
- b) a school badge



What features do we find on our school flag?

Or

Name the features we find on our school flag.

- Ref:**
- a) *Comprehensive SST bk. 2 page 23*
 - b) *MK Standard SST bk. 1 page 72*
 - c) *Monitor SST bk. 1 page 41*
 - d) *MK Standard SST bk. 2 page 2-3*

Week 3

Lesson 1

➤ **School Rules.**

Why do we have school rules?

School rules help us to have discipline, respect for others and to avoid accidents in the school.

School Rules.






- Do not fight
- Do not shout in class
- No going out without permission.
- No stealing other people's property.
- Keep the school property safe.
- No coming to school late.

Ref:

- Comprehensive SST bk 2 page 18*
- Monitor SST bk. 1 page 40*

Lesson 2

Different activities done at school.

			
<i>reading</i>	<i>sweeping</i>	<i>playing</i>	<i>dancing</i>
			
<i>swimming</i>	<i>digging</i>	<i>mopping</i>	<i>dusting</i>

-weeding

-writing

-picking rubbish

Praying

learning

-singing

-watching video

-listening to radio

teaching

Ref: Comprehensive bk. 2 page 16 - 17

Comprehensive bk. 1 page 52 - 53

Monitor SST bk. 1 page 41

Mk. Standard SST bk. 2 page 73 - 74

Lesson 3

Keeping the school clean

1. How do we keep our school clean?

In groups children will do the following:

-sweep the compound.

-sweep the classroom.

-weed flowers in the garden.

-mop the classroom.

-dust the chairs and tables.

-clean the chalkboard.

-Arrange the things in the classroom.

Ref: *Comprehensive bk. 1 page 54*

Understanding Pri. Sce. for Ug. page 17

Mk. Standard SST bk. 1 page 75

Sharing our World bk. 1 page 30

Lesson 4

Things we use to keep our school clean.

			
hoe	axe	broom	Slasher
			
rake	rag	water	soap

Activity:

Mention any other four things we use to clean our school?

Ref:

Mk. Standard SST bk. 1 page 75

Sharing our World bk. 1 page 30

Monitor SST bk. 1 page 28

Monitor SST bk. 2 page 20 - 21

Week 4

Lesson 1

THEME 2:

A HOME

A home is a place where people or animals live/ stay.

People in our home

Father

Mother
children
relatives

Monitor SST bk. 1 Page 1

Sharing our world bk. 1 Page 1

Mk. Standard SST bk. 1 Page 1

Comprehensive SST bk. 1 Page 1

Roles of family members.

Father

He pays our school fees.

He buys clothing for the family.

He protects family members.

He provides shelter for the family.

He provides education for the children.

mother

She cares for the family.

She buys and cooks food for the family.

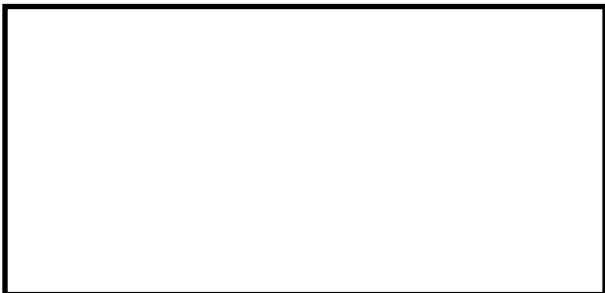
She provides medical care.

She provides education for the children.

She breast feeds the children

She peels food.

Draw one role of a parent.



Cooking food

Children

Children help parents to mop, sweep, wash, cook, pound, milk, peel, grind and care for the young ones. **(and many others]**

Lesson 2

Family:

Def: A family is a group of people related by blood or marriage.

Types of families:

- a. Nuclear family
- b. Extended family

Nuclear family:

Members in a nuclear family are father, mother and their own children.

father	mother	children

An extended family:

A family with father, mother their own children and other relatives.

Grandmother	grandfather	cousin	aunt	uncle

Ref:

Monitor SST bk. 1 Page 11

Sharing our world bk. 1 Page 9

Lesson 3

Needs of a family

-land -food -medical care

- house -clothes -love
- education -water -security

Activity:

Draw, name and colour any four needs of a family.

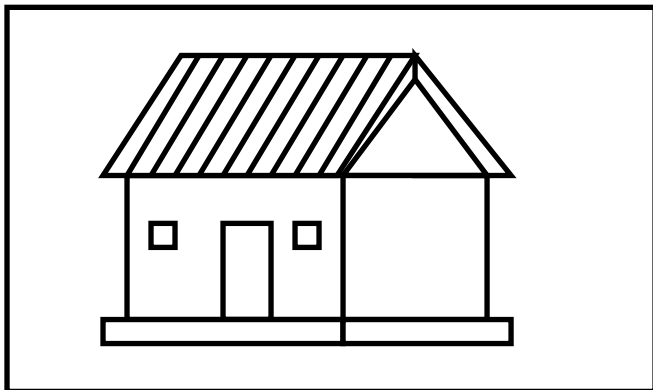
food	water	shelter	clothing

A house.

Def: A house is a building where people live.

Or a building in which we stay.

Parts of a house.



- 1) door
- 2) wall
- 3) roof
- 4) window
- 5) verandah
- 6) ventilator

Name parts of the house.

- Ref:**
- a) MK Standard SST bk. 1 page 6
 - b) Monitor SST bk. 1 page 11
 - c) MK Standard SST bk. 1 page 8







Lesson 4

Rooms in the house


- sitting room/ living room
- bedroom
- dining room
- toilets
- kitchen
- bathroom
- store

- reading room

Things found in a sitting room/ dining room

			
chair	table	carpet	mat
			
radio	television	cupboard	flowers

Things found in a kitchen/store

			
plates	cups	saucepan	fork and spoon
			
charcoal	stove	knives	food

Things found in a bed room

- bed
- mattress
- pillow

- bed sheets
- net
- bed cover
- blanket

Things found in a bath room

- basin
- soap
- sponge
- water
- bath tap
- towels

Activity

Draw and name any two things found in a bathroom.

	
<p>soap</p>	<p>sponge</p>

Week 5

Lesson 1

Animals

Types of animals.

We have domestic animals and wild animals.

➤ **Domestic animals**

We keep domestic animals at home.

Examples of domestic animals are:

Cow, cat, goat, rabbit, sheep, pig, donkey, horse, duck, turkey, hen **etc**

Draw these domestic animals

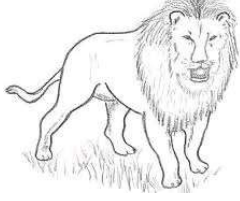

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pig	cat	hen	rabbit
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Wild animals

Wild animals stay in the bush, zoo, jungle, forest water etc.

Examples of wild animals

			
zebra	lion	snake	monkey

Other wild animals are:

leopard	crocodile
cheetah	frog
rhino	elephant
kob	lizard

Ref: Sharing our world bk. 1 page 22 – 23

Mk Standard SST bk. 1 page 57 – 59

Monitor SST bk. page 30 – 33

Lesson 2

Use of domestic animals

- 1) We get beef and milk from cows.
- 2) Cats chase and eat rats and snakes away from our homes.
- 3) Dogs guard our homes.
- 4) Donkeys are used for transport.
- 5) We get chicken and eggs from hens.
- 6) We sell domestic animals and get money.
- 7) An ox helps us to plough the garden. etc

Ref: Sharing our word bk. 1 page 22 – 23

Comprehensive SST bk. 1 page 42

Understanding Integrated science bk. 2 page 5 – 6

Monitor SST bk. 1 page 36

Animal homes

dog – kennel

pig – sty

lion – den

man – house

fish – water

ants – anthill

termites – anthill

bird – nest

cow – kraal

rabbit – hutch / burrow

goat – pen / shed

sheep – pen

horse – stable

bee - hive

Animals and their young ones

dog – puppy

pig – piglet

lion – cub

man – baby

fish – fry

butterfly – caterpillar

frog – tadpole

hen - chick

bird – nestling

cow – calf

rabbit – bunny

goat – kid

sheep – lamb

horse – foal

duck - duckling

Ref: Sharing our world bk. 1 page 22

Mk SST bk. 1 page 67 - 68

Animal movements.

People – walk / run

Cows – walk

Hens – walk

Fish – swim

Baby – crawls

Ref: Fountain Primary Science bk. 1 page 18 -19.

Understanding Integrated Science bk. 2 page 2

Lesson 3

A community.

What is a community?

A community is a group of people working together to achieve certain objectives.



Different people who help us in the community in our community.

These are:

farmers, cobblers, teachers, tailors, builders, nurses, doctors
cooks , carpenters, vendors, drivers, pilots, secretary, guards,
bankers, cyclists, police, cleaners, dentist etc.

Activity:

Name these people who help us in the community.

			
teacher	guard	cook	farmer

Ref: Monitor SST bk. 2 page 42

Lesson 4

Activities done by different people in the community.

- 1) teaching
- 2) making and repairing shoes
- 3) sewing clothes
- 4) farming / growing crops / keeping animals
- 5) building
- 6) treating sick people / patients
- 7) cooking food
- 8) selling things
- 9) driving / transporting people and goods
- 10) flying aeroplanes
- 11) typing letters and exams
- 12) protecting people and their property
- 13) receiving, keeping and giving out money
- 14) keeping law and order
- 15) modelling
- 16) cleaning the environment
- 17) shaving hair
- 18) treating and removing teeth etc.

Ref: Monitor SST bk. 2 page 42

People and their places of work.

- 19) police – police station
- traders – shops
vendors – markets
doctor / nurse – hospital, clinic
teachers – school

carpenter – workshop
barber – saloon
farmer – farm / garden
pilot – airport
cook – kitchen
secretary - office

Ref: Monitor SST bk. 2 page 42

week 6

Lesson 1

Needs of people in the community.

We need the following in the community:

- | | |
|-----------------|-------------|
| 1) roads | 10) clothes |
| 2) schools | 11) water |
| 3) churches | 12) houses |
| 4) mosque | 13) love |
| 5) hospitals | 14) land |
| 6) medical care | 15) money |
| 7) security | |
| 8) transport | |
| 9) education | |

Activity:

Draw and colour these needs of people in the community.

food	clothing	water	church

Ref: Monitor SST bk.1 page 24 – 26

Mk SST bk. 1 page 46

Important features / places in our community.

These include:

schools

Hospitals

Markets

Banks

Roads

Church

Mosque

Offices

Shops

Railway stations

Clinics

Hills

Radio stations

TV stations

Post offices

Police stations

Recreation centers

etc

Name these important places found in our community.

church	mosque	school
market	Police station	shop

Ref. sharing our world bk. 2 page 29

Comprehensive SST bk. 2 page 3

Lesson 2

Theme 4: Human Body and Health

1. Parts of the body

head
ears
mouth
arm
knee
chest
neck
chin
toes
hands
navel
fingers

Activity: Identify the parts on your body.


Ref: Understanding integrated Science book 1 page 1

Pentagram bk 1 page 4

Mk English book 2 page 114-116

Lesson 3

Main parts of the body

a) Head	Parts of the body
	Hair Eyes Cheek Nose Ears Mouth Chin
b) Trunk	Parts of the trunk
	Neck Chest Belly Shoulder Navel breasts
c) Limbs	Parts of the Limb
	Elbow Palms Ankle Nails Toes Thigh Fingers



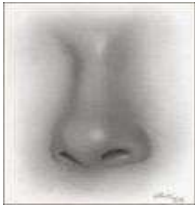

Lesson 4

Senses and sense organs

There are five sense organs.

These are:- eyes, nose, ears, skin, tongue.

Senses	organ	use
seeing		to see

	eye	
hearing	 ear	to hear
tasting	 tongue	to taste
smelling	 nose	to smell
feeling	 skin	to feel

Ref: Pentagram Basic Christian Religious Education book I page 6 – 7.

Week 7

Lesson 1




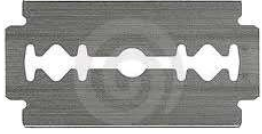
Personal Hygiene

Personal hygiene is the cleanliness of our body.

Items used in keeping our bodies clean.

- Sponge, comb, water, soap, basin, toothbrush, etc.

Draw and name four items used to keep our bodies clean.

			
soap	water	comb	razorblade

Ref: Understanding integrated Science book 2 page 12.

MK Primary English book 2 pages 16-17.

Importance of Personal Hygiene

We practice personal hygiene to:-

- -kill germs
- prevent bad body smell
- -remove dirt
- -prevent skin diseases
- to be smart
- to be healthy

Dangers of not practicing personal hygiene.

- We get tooth decay
- We get skin diseases
- We get germs and fall sick
- We get bad body

Lesson 2

Ways of keeping our bodies clean.

-We wash our face.

-We comb our hair

-We cut our nails and hair short.

-We brush our teeth

-We bathe our body

(Practical lesson about ways of keeping our bodies clean)

Ref: Understanding Integrate Science book I pages 5-13.

MK Integrated Primary school book


Lesson 3

CHILDHOOD DISEASES (IMMUNISATION)

1. What is immunization?

Immunization is the giving of vaccine to a person to protect or prevent certain diseases.

Immunisable diseases

 <p>polio</p>	<p>measles</p>
<p>Whooping cough</p>	<p>diphtheria</p>

tetanus	tuberculosis
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Lesson 4

Signs and symptoms of immunisable diseases

Tetanus	Stiff muscles all over the body, Spasms when touched New born baby stops sucking mother's breasts
Tuberculosis Whooping cough (pertussis)	Cough lasts long Difficulty in breathing Loss of weight Runny nose Vomiting Cough that lasts long Gasp for breath
Polio	Lame legs or hands (become thin)
Diphtheria	Swollen neck Sore throat Difficulty in breathing

Ref: Understanding Integrated Science book 2 pages 28 – 31.

Fountain Primary Science book 2 page 71

Week 8

Lesson 1

Other immunisable diseases

-rabies

-typhoid

- yellow fever
- Hepatitis B
- Haemophilus influenza b

Importance of Immunisation

- It reduces infant mortality rate.
- It promotes good health.
- It controls childhood diseases.